

Saitama City

Permanent  
Version

# Disaster Prevention Guidebook

The 2020  
Revised Edition





# Work Together to Protect Our Lives

Nobody knows when such natural disasters as large-scale earthquakes and typhoons will occur.

Those who were rescued by their families or neighbors account for approx. 80% of all retrieved from collapsed houses when the Great Hanshin-Awaji Earthquake occurred.

In the event of a large-scale and wide-area disaster, people trapped in collapsed buildings must be rescued as quickly as possible; however, it is difficult for the official rescue teams to promptly arrive in all rescue sites. Therefore you need to be aware that “saving your own life and helping each other in your neighborhood community to minimize damage” will lead to saving the precious life of each person.

What should you prepare to minimize damage from a disaster?  
How should you act in case that a disaster occurs?

We created “Disaster Prevention Guidebook” describing what action to take during a disaster and what preparations to make for it.

Please use this “Disaster Prevention Guidebook” for your regular disaster prevention activities, such as reconfirming your knowledge about and readiness for disasters, so that each of you can calmly take the right action without panicking during a disaster.

# Table of Contents

|                                     |   |    |
|-------------------------------------|---|----|
| Preface . . . . .                   |   | 1  |
| Things to Check During Normal Times | Checking for Hazard (Hazard Map) . . . . .                              | 5  |
|                                     | Checking for Hazard (The City' s Information System) . . . . .          | 8  |
|                                     | Action During and After Earthquake . . . . .                            | 9  |
|                                     | Let' s Check "My Family Disaster Prevention" . . . . .                  | 11 |
|                                     | Survival Card, Disaster Prevention/Emergency Card . . . . .             | 13 |
|                                     | Communication Method During Emergency . . . . .                         | 14 |
|                                     | Check List (Portable Emergency Goods and Stock) . . . . .               | 15 |
|                                     | Check List (Emergency Goods for Various Needs) . . . . .                | 16 |
|                                     | Key Points for Home Evacuation . . . . .                                | 17 |
|                                     | Key Points for Storing Emergency Goods . . . . .                        | 19 |
| Earthquake                          | Key Points for Safety Measures <Outside the House> . . . . .            | 20 |
|                                     | Key Points for Safety Measures <In the House> . . . . .                 | 21 |
|                                     | Earthquake-Sensitive Circuit Breaker/Various Support Programs . . . . . | 22 |
|                                     | Let' s Start Disaster Prevention <In the Room> . . . . .                | 23 |
|                                     | Key Points for Safety Measures <High-Rise Condos> . . . . .             | 25 |
|                                     | Key Points for Securing Safety <Out of Doors> . . . . .                 | 26 |
|                                     | Let' s Start Disaster Prevention <Portable Items> . . . . .             | 27 |
|                                     | Key Points for Securing Safety <Indoors> . . . . .                      | 28 |
|                                     | Action to Take When Being Left Stranded on the Way Home . . . . .       | 29 |

|  |   |    |
|--|---|----|
| Windstorm<br>and<br>Flood                    | Key Points for Safety Measures . . . . .  | 30 |
|  | Key Points for Measures for Approaching Typhoon . . . . .                                       | 31 |
|  | Rainfall Intensity, Wind Speed and Their Impact . . . . .                                       | 32 |
|  | Main Weather Information for Disaster Prevention . . . . .                                      | 33 |
|  | Checking for Hazard (Evacuation Information/Warning Level) . . . . .                            | 34 |
|  | Key Points for Securing Safety (Tornado/Landslide/Guerrilla Heavy Rain) . . . . .               | 35 |
|  | Key Points for Securing Safety (Heavy Snow/Volcanic Disaster) . . . . .                         | 36 |
|  | Checking for Hazard (Television Saitama/Yahoo!) . . . . .                                       | 37 |
|  | Checking for Hazard (Saitama City' s Disaster Prevention Information) . . . . .                 | 38 |
|  | Checking for Hazard (Disaster PA Radio Network) . . . . .                                       | 39 |
|  | My Timeline . . . . .   | 40 |
| Voluntary<br>Disaster<br>Prevention<br>Group | Voluntary Disaster Prevention Activities "During Normal Times" . . . . .                        | 41 |
|  | Voluntary Disaster Prevention Activities "During Disaster" . . . . .                            | 42 |
|  | Let' s Draw Up Community' s Disaster Prevention Plan . . . . .                                  | 43 |
| People<br>Requiring<br>Special<br>Care       | People Requiring Special Care and Calling for Support . . . . .                                 | 44 |
|  | Key Points for Support <During Normal Times> . . . . .  | 45 |
|  | Key Points for Support <During Disaster> . . . . .  | 46 |
| Evacuation<br>Site                           | Types and Roles of Evacuation Sites . . . . .   | 47 |
|  | Cautions for Living in Evacuation Site <How to Live> . . . . .                                  | 48 |
|  | Cautions for Living in Evacuation Site <Consideration Toward Others/Crime Prevention> . . . . . | 49 |
|  | Cautions for Living in Evacuation Site <Pet> . . . . .  | 51 |
| First Aid                                    | First Aid Procedures . . . . .  | 52 |